



**Historic Camden and Campbelltown regions 45 minutes from Sydney CBD**

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## **Flavours of Macarthur 'Plated Up' in New Cookbook**

### **Tasty Cookbooks becoming the new Brochures for Destinations**

Nutella pizza, queen of Spain cupcakes and a rack of lamb in puff pastry are just some of the tasty dishes in a new cookbook which 'plates up' restaurants in the Macarthur region - the birthplace of Australia's agriculture and wine industries.

Building on a new love for home cooking on the back of TV's hit MasterChef program, the budget-priced Macarthur Cookbook will serve as a mouth-watering 'brochure' for potential visitors to Macarthur and also as a palate-pleasing souvenir for people who enjoyed a visit to the region, which is centred on historic Camden and Campbelltown, 45 minutes south-west of the Sydney CBD.

Colonial pioneer, John Macarthur, established the fertile region in 1805 as Sydney's earliest food bowl, with Australia's first major farms and wineries. The region was named after the enterprising settler.

Also ideal for Macarthur-proud locals, "The Macarthur Cookbook' is produced by Visit Macarthur, a tourism partnership between Campbelltown City Council and Camden Council, and features 19 easy but appetising breakfast, lunch, dinner and dessert recipes supplied by chefs from some of the 100 restaurants and cafes in the Macarthur area.

The signature recipes, accompanied by full-page colour images, include nutella pizza from Barenz Café in Camden, queen of Spain cupcakes from Chocolateria San Churro store in Macarthur Square, rack of lamb in puff pastry from the La Bella Vita restaurant in Camden, scallops alla veneziana from Enzo's Italian Restaurant in Camden and corn fritter and ricotta from Infusion Restaurant at the 4½-star Rydges Hotel in Campbelltown.

Campbelltown Mayor, Cr Russell Matheson, said the cookbook was a unique way of showcasing the region's variety of fine dining experiences.

"With 19 recipes featured from leading chefs and restaurants across the Macarthur region, and a dedicated section on local wineries, it's ideal for budding chefs or anyone who enjoys good food or dining out," Cr Matheson said. "The cookbook enables people to sample some of Macarthur's finest cuisine and readers can try the recipes at home or head out to experience these dishes the way the professionals make them in their restaurants."

Camden Mayor, Cr Chris Patterson, said Macarthur's vibrant multicultural mix had created an expanding culture of exotic dining in the area, with a vast choice of cuisines to experience. "Featuring charming, rustic locations, the highest quality service and award winning international cuisine, the restaurants of Macarthur offer delightful dining experiences for visitors and locals alike," Cr Patterson said.

The Macarthur Cookbook is available for only **\$15** from the Campbelltown Visitor Information Centre on Old Menangle Road, Campbelltown (phone 02 4645 4921) and the Camden Visitor Information Centre on Camden Valley Way, Elderslie (phone 02 4658 1370).

**For more information on the Macarthur region, go to [www.visitmacarthur.com.au](http://www.visitmacarthur.com.au)**

**\* Copies of the book and interviews are available for media covering the release of the book.**

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